

Year 4 Home Learning
Summer Term

PSHE

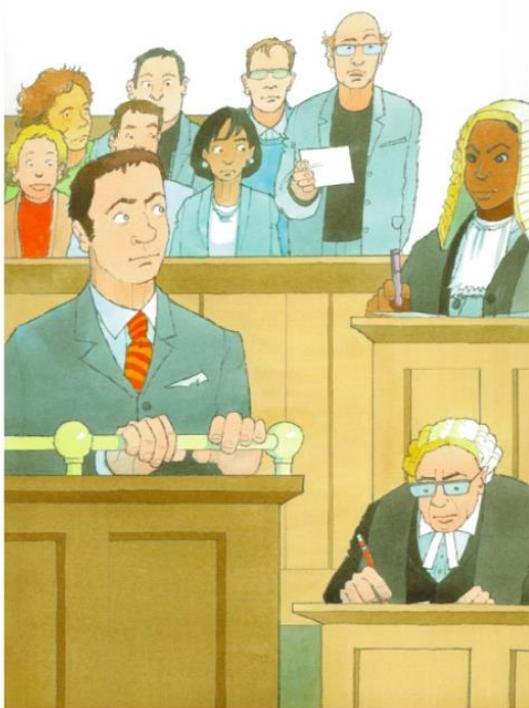
This term in PSHE, we will be learning about relationships. It explores feelings within the context of our important relationships including family and friends. The theme aims to develop knowledge, understanding and skills in three key social and emotional aspects of learning: self-awareness, managing feelings and empathy.

1.	<p><u>Making someone who is important to me happy</u> Children to draw a picture of the person who is important to them. Then write around the picture explaining why the person is important to you. Now think of some ideas of the things they could do to make that person happy.</p>
2.	<p><u>Feeling guilty</u> Look the <i>Three pictures</i> below (Resource 1). Children to talk to about the pictures and about which of the three people in the pictures might be feeling guilty and why (2 minutes). Now write down your ideas on a mind map.</p>
3.	<p><u>Feeling guilty</u> Write the situations below on cards. Include some blank cards to add ideas of your own. Children put the cards in order of how guilty each would make them feel e.g. extremely guilty to not guilty at all.</p> <p style="text-align: center;"><i>Stealing a rubber.</i></p> <p style="text-align: center;"><i>Stealing ten pounds.</i></p> <p style="text-align: center;"><i>Forgetting to pay for something at the supermarket.</i></p> <p style="text-align: center;"><i>Not turning up for a football match and letting the team down.</i></p> <p style="text-align: center;"><i>Saying something nasty about your friend behind their back.</i></p> <p style="text-align: center;"><i>Leaving a toy car on the kitchen floor even though you know it is dangerous. Dad comes in and falls and hurts his leg.</i></p> <p>Now explain why you've put the situations in this order.</p>

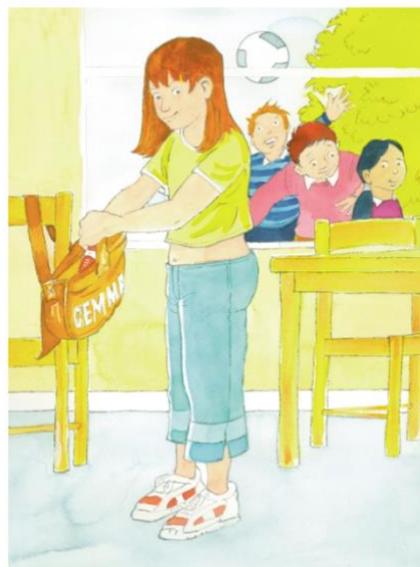
4.	<p><u>Taking responsibility</u></p> <p>Children read and sort the scenarios on the <i>Taking responsibility</i> resource sheet 2 (below) into two piles: those in which you would expect the person to feel guilty and those where the person is not responsible and so should not be feeling guilty. Now use some of the situations on the <i>Taking responsibility</i> resource sheet, or others of your own, to practise the steps in the problem-solving process describing how you would resolve the situation.</p>
5	<p><u>Special times together</u></p> <p>Draw a picture, do a mime or choose an object to remind you of the special times you have together.</p> <p>Take it in turns to talk about the special times and say why they are special.</p> <p>These might be the little things or things that are more of an adventure. Some examples might be ... playing on the computer together ... going for a walk and talking about what you see ... bedtime stories ... trips or holidays.</p> <p>Try to spend some time doing your favourite things together.</p> <p><u>Now complete resources sheet 3</u></p>

Three Pictures – Resource 1

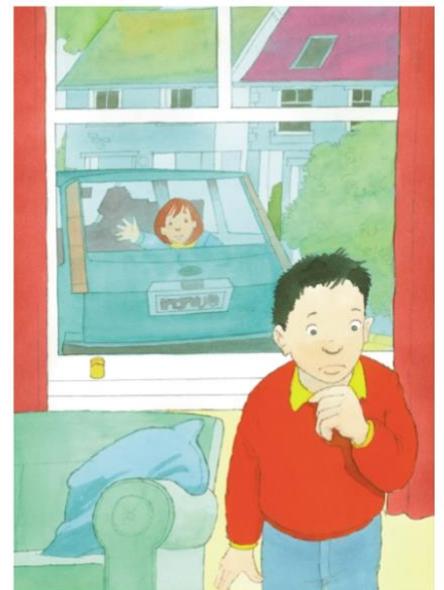
Three pictures



Three pictures



Three pictures



Taking Responsibility - Resource 2

You know your brother is looking forward to playing in his first football match. On the day of the match it is pouring with rain and he can't play. The night before, you were cross with him and told him he would be useless in the game, and they had only asked him to play because no one else would do it.

Nwamaka is feeling very guilty because her mum and dad have decided to live in separate houses. She says to you that if she had been better behaved they would still be living all together.

You know that it is wrong to eat in the daytime during Ramadan. One day you are really, really hungry. When your friends offer you chips during lunch-time, you look around and no one you know is looking. You grab one and think – well, no one will know.

Your friend asks you to go shopping with her and her mum at the weekend. You tell her you are already doing something, even though you are not, as you are bored with shopping every weekend.

You accidentally tear the new curtains in your bedroom when you trip and grab hold of them to steady yourself. It makes a big tear.

You are in a temper because all your friends are allowed out to see the fireworks and you have to stay in to help your mum. You are so mad you get some scissors and start to make a hole in the new duvet cover that your mum and dad have just bought for your bedroom.

You have been to the shops with your dad and when you get home you discover a small teddy bear in your two-year-old sister's pushchair – she took it from a shelf and dropped it behind her, so it hasn't been paid for.

While you are out playing on your bike, you are showing off on the pavement, riding with no hands, and you do not see a small boy running up the road until it is too late. You knock over the little boy.

Your friend has got lovely long dark hair and you are fed up with everyone saying how beautiful she looks. You tell another friend that she has got head-lice and soon the rumour spreads all around the school. Your friend is so upset to hear the rumours that she rings you and tells you she wants to move schools.

Your big brother is hanging around with a gang of boys and girls and has started coming home with lots of sweets you know he can't afford. He tells you one day that he and his friends are 'really good' at nicking from the local shop. When you tell him that you think it is wrong for him to do this, he says the shop owner is rich and it's not his fault that everyone does it.

Resource 3

My favourite thing to do together (child).

We did this on

Favourite times with my special people when I was young (parent or carer).

I did this with my child on